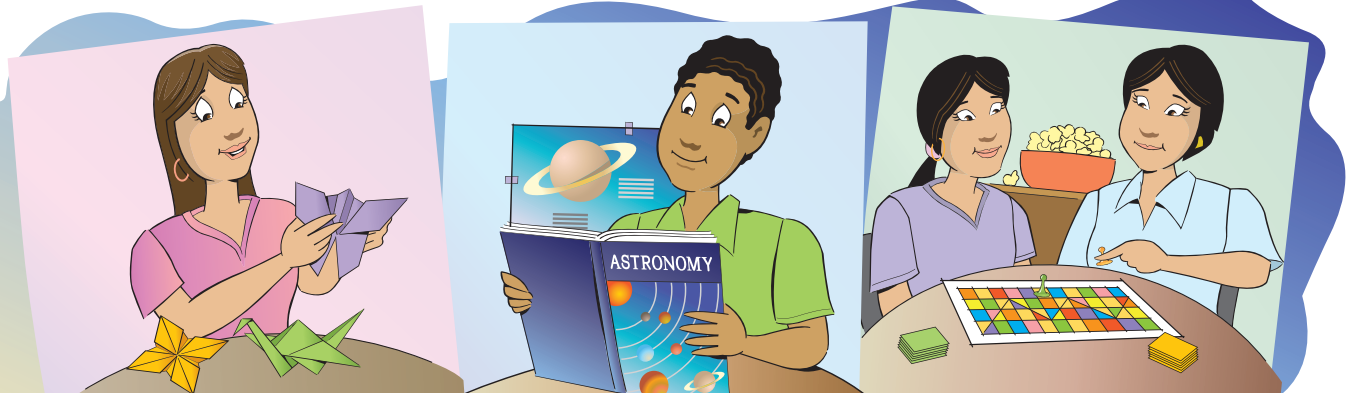


Daily Learning Planner

*Ideas parents can use to help students
do well in school.*

Title I Cooperative
Educational Service Unit 10



THE
PARENT
INSTITUTE®

January 2017

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. Have your teen check the schedule of school board meetings. Plan to attend one together.
- 2. Look for a newspaper or magazine article that might interest your teen. Leave the article out for him to read.
- 3. Suggest your teen make an emergency school supply kit.
- 4. Review your rules. Be sure you are adjusting them as your teen grows.
- 5. Agree with your teen to set aside certain days for family events.
- 6. Be sure your teen knows that your rules apply when she's at a friend's house—not just at home.
- 7. Visit the library. Ask the librarian for a list of books teens are reading. Encourage your teen to try one.
- 8. Remind your teen to proofread his school papers more than once.
- 9. Is your teen a new driver? Review the "rules of the road."
- 10. If your teen is struggling in a class, encourage him to sit in the front of the classroom.
- 11. Schedule a family meeting. Talk about your family's goals and successes.
- 12. Sometimes teens tune out long instructions. Using a single word—"dishes" or "homework"—can get the message across.
- 13. Go window-shopping with your teen. What would she buy with \$100?
- 14. Bake a batch of cookies together. Have your teen take some to a neighbor who might appreciate some company.
- 15. Tell your teen how much you appreciate your education—or why you wish you'd learned more.
- 16. Ask your teen to tell you about something that happened in school today.
- 17. Talk with your teen about what it means to be a good citizen.
- 18. Pick your battles. Not everything is worth fighting about. Decide on the issues that are most important and let others go.
- 19. Celebrate National Popcorn Day. Pop some popcorn with your teen and just chat.
- 20. Cook dinner with your teen. Discuss ways to prepare healthier meals.
- 21. Go to an office supply store with your teen. Can she think of ways to keep her schoolwork more organized?
- 22. Encourage your teen to keep a journal.
- 23. Set a timer for five minutes. You and your teen write as much as you can before the timer goes off.
- 24. Share a joke with your teen.
- 25. At dinner, ask family members to share one thing they learned today.
- 26. Check with your teen's counselor. Is your teen on track to graduate? If not, what does he need to do to get there?
- 27. Ask your teen to introduce you to some of her favorite music.
- 28. If your teen is a couch potato, look for a physical activity he enjoys.
- 29. Have your teen research an internship that may be of interest to her.
- 30. Keep the cell phone out of your teen's bedroom. Many teens send text messages when they should be sleeping.
- 31. Give your teen a compliment today.



Helping Students Learn
TIPS Families Can Use to Help Students Do Better in School

HIGH SCHOOL